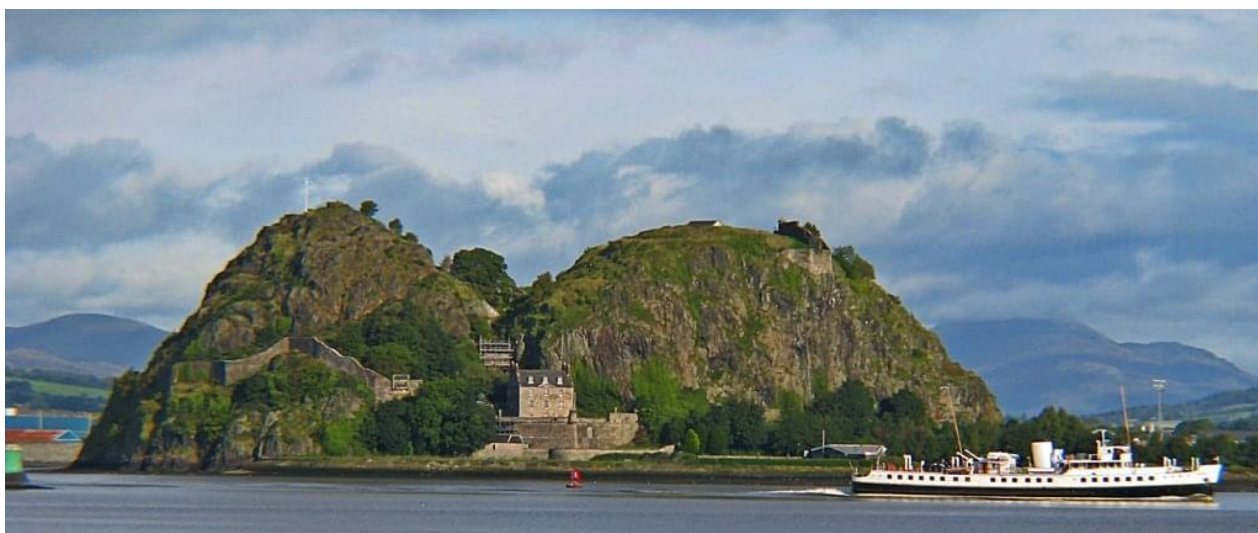




# **Dunbartonshire Federation SWI**

## **2026 Show Schedule**

**Saturday, 24 October 2026**

**Helensburgh Parish Church,**

**Colquhoun Street, Helensburgh G84 8UP**

**If you have any queries or concerns regarding this Schedule, please do not hesitate to contact Margaret Dick or Jodie Woods at [dunbartonshirefederation@outlook.com](mailto:dunbartonshirefederation@outlook.com).**

**Please ensure you have read page 5 of this Schedule and familiarised yourself with the guidance and requirements of the community and group entries.**

## Section A

| Baking |                                |    |                                                               |
|--------|--------------------------------|----|---------------------------------------------------------------|
| 1      | Cherry Scone (x2)              | 7  | Single Chocolate Sponge Cake (uniced, made from packet mix) * |
| 2      | Gingerbread Loaf (1lb, uniced) | 8  | Flapjacks (x2)                                                |
| 3      | Eccles Cakes (x2)              | 9  | Uncooked Traybake (x2)                                        |
| 4      | Dinner Rolls (x2, incl. yeast) | 10 | Irish Soda Bread                                              |
| 5      | Potato Scones (x2)             | 11 | Red Velvet Cupcakes (x2, decorated)                           |
| 6      | Paradise Slice (x2)            | 12 | Gluten-free Banana Bread (recipe provided)                    |

\* Provide packet with entry.

## Section B

| Housewifery and Produce |                          |    |                                         |
|-------------------------|--------------------------|----|-----------------------------------------|
| 13                      | Jar of Jam (named)       | 19 | Sausage Rolls (x3)                      |
| 14                      | Jar of Jelly (named)     | 20 | Marshmallows (x3)                       |
| 15                      | Jar of Marmalade (named) | 21 | Puff Candy (Choc Coated Honeycomb, x3)  |
| 16                      | Jar of Chutney (named)   | 22 | Continental Breakfast Plate (3 items) * |
| 17                      | Vegetarian Pasta Sauce   | 23 | Party Dips (3 different)                |
| 18                      | Bottle of Flavoured Gin  | 24 | Party Dippers (3 different) **          |

\* Items might include croissant, danish, jam etc.

\*\* Items might include bread sticks, cheese straws etc – items you might dip in your party dips!

## Section C

| Floral Art and Plants |                                          |
|-----------------------|------------------------------------------|
| 25                    | Autumn Wreath (ring size max. 12 inches) |
| 26                    | Gents Wedding Button-hole                |
| 27                    | Arrangement in a Teacup and Saucer       |
| 28                    | Potted Plant                             |

## Section D

| Embroidery |                               |    |                                            |
|------------|-------------------------------|----|--------------------------------------------|
| 29         | Article in Crewel Embroidery  | 32 | Hoop-Art Embroidery (max. 10inches/25cm)   |
| 30         | Article in Sashiko Embroidery | 33 | Article in Blackwork                       |
| 31         | Article in Cross-Stitch       | 34 | Embroidered article not already mentioned. |

## Section E

| Sewing |                                                             |    |                                                |
|--------|-------------------------------------------------------------|----|------------------------------------------------|
| 35     | Cushion Cover (max. 45cm/18inches, with a zip)              | 39 | Ladies Summer Top                              |
| 36     | Sewn Toy                                                    | 40 | Patchwork Miniature Quilt (max. 30cm/12inches) |
| 37     | An article made from recycled clothing                      | 41 | Sewn article not already mentioned.            |
| 38     | An article for a sales table to be sold for £5 at this show |    |                                                |

## Section F

| Knitting |                                                           |    |                                                               |
|----------|-----------------------------------------------------------|----|---------------------------------------------------------------|
| 42       | Knitted Neonatal Octopus (pattern provided)               | 45 | Sample Square in Aran mix (MD to advise rows/no of stitches)* |
| 43       | An article knitted in cotton yarn for a child (not a toy) | 46 | Knitted Headband (any ply)                                    |
| 44       | Pair of Sanquhar Mittens                                  | 47 | Knitted article not already mentioned.                        |

\* These squares will be sewn together following the show and donated to a charity.

## Section G

| Crochet and Hand-made Lace |                                                      |    |                                                          |
|----------------------------|------------------------------------------------------|----|----------------------------------------------------------|
| 48                         | Crocheted Granny Square (double knitting, 6 rounds)* | 50 | Amigurumi Doll                                           |
| 49                         | Bookmark (lace or fine crochet)                      | 51 | Crochet or Hand-made Lace article not already mentioned. |

\*These squares will be sewn together following the show and donated to a charity.

## Section H

| Handcraft and Art |                                                |    |                                                                 |
|-------------------|------------------------------------------------|----|-----------------------------------------------------------------|
| 52                | Temari Ball (x1)                               | 60 | Handprinted Christmas Wrapping Paper (max. A3)                  |
| 53                | Article in Macrame                             | 61 | An article made from wood                                       |
| 54                | Article in Needle Felting                      | 62 | Calligraphy (2 lines of Shakespeare)                            |
| 55                | Article in Beadwork                            | 63 | A photograph 'Action Shot'                                      |
| 56                | A piece of jewellery in any medium             | 64 | A picture in any medium                                         |
| 57                | A picture in quilling (max. A4 size)           | 65 | A painting in watercolour                                       |
| 58                | A button picture (max. A4 size)                | 66 | A pencil drawing                                                |
| 59                | Design an SWI Emoji (hand-drawn, max. A5 size) | 67 | An article in any other handcraft or art not already mentioned. |

## Open Class

|                                                                                                                                                                                              |                      |    |                         |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|----|-------------------------|
| <b>Open to anyone (including non-members) who has not won a prize at a Federation or H&amp;H Show. Members who have won housewifery prizes may enter the handcraft class and vice versa.</b> |                      |    |                         |
| 68                                                                                                                                                                                           | Empire Biscuits (x2) | 69 | Sewn Pouch (with a zip) |

**Community Work – Halloween theme**

|                                               |                                    |
|-----------------------------------------------|------------------------------------|
| Cinder toffee (approx. 50grams)               | A Halloween decoration (any craft) |
| Decorated cake (decoration only to be judged) | Halloween costume for a child      |
| Own choice                                    | Own choice                         |

**Foursomes – Promoting Scotland theme**

|                                     |                                   |
|-------------------------------------|-----------------------------------|
| Cranachan with a shortbread biscuit | Nessy (any craft)                 |
| Cloutie dumpling (a wedge)          | A craft item incorporating tartan |

**Homeskills Tray**

|                                  |                                  |
|----------------------------------|----------------------------------|
| Floral arrangement in a milk jug | Jar of fruit curd                |
| Cheese scone (x2)                | Meringue shells (x 2 – unfilled) |
| Malt loaf (1lb)                  | Chocolate brownies (x2)          |

**Pairs Competition**

|                                          |                                                      |
|------------------------------------------|------------------------------------------------------|
| Plate apple tart (pastry top and bottom) | Autumn wreath (any craft, max. 9 inch/23cm diameter) |
|------------------------------------------|------------------------------------------------------|

**Individual Threesomes – Doon the Watter**

|                         |                 |
|-------------------------|-----------------|
| Hat (any craft)         | Scotch egg (x1) |
| Design a steamer ticket |                 |

**Display Table**

|                   |
|-------------------|
| 4 Handcraft items |
|-------------------|

**Children's Classes – Autumn theme**

|                                                                    |                                       |    |                       |
|--------------------------------------------------------------------|---------------------------------------|----|-----------------------|
| Age ranges: Primary - P1-P3; Primary - P4-P7 and Secondary - S1-S4 |                                       |    |                       |
| 70                                                                 | Bonfire Night painting (max. A3 size) | 71 | Face mask (any craft) |
| 72                                                                 | Decorated cupcakes (x2)               | 73 | Pumpkin (any craft)   |

## **Rules of Entry**

1. Competitions are open to all Dunbartonshire Federation Institutes and Members.
2. All entries must have been made since May 2024.
3. There is only 1 entry per person allowed in each class.
4. The name of the Exhibitor and Institutes must be entered on an official label which must be attached firmly to the entry. No label will result in disqualification.
5. The time for delivery/submission of entry forms/entries will be confirmed closer to the Show.
6. Every care will be taken of exhibits, however the Committee do not hold themselves responsible for loss or damage.
7. Please note that by submitting an entry for judging at this Show, you are agreeing to a photo and/or your name being published on social media/the Federation's website and associated press releases.
8. **The Judges' decision is final.**

## **General Information and Requirements for Showing**

1. Read the Schedule carefully and ensure you are aware of sizes and, in particular, maximum sizes.
2. Fresh flower/plants are classed as Homekills. Silk/paper flowers are Handcrafts.
3. Please present your Homeskills items on paper plates (a size suitable to your items).
4. Jars of jams, chutney etc. do not need to be on paper plates but should be correctly sealed, and polished (with no visible marks or streaks).
5. There are no display props to be used in general/individual classes unless the display is part of the competition. Exceptions are a group of items on a cake board etc.

## **Community Work**

Points will be given for Display out of 20. Total points out of 140. Table length 48"/120cm approx. and width 30"/75cm approx. Only 2 members per Institute to set up. Backing board optional. Minimum of 4 members. Institute to supply own score card.

## **Foursomes**

Each Foursome shall consist of 4 members. A member may compete with a different article in more than 1 Foursome team. Not more than 4 entries per Institute. Only 2 members per Institute to set up. Table area 30"x30"/75x75cm approx. Total Points out of 80. Institute to supply own score card.

## **Homeskills Tray**

Minimum 4 members to compete. An Institute can have more than one tray. A member can compete with a different item on another tray. Federation will supply tray. Institute to supply own score card.

## **General Information and Requirements for Showing contd.**

### **Display Table**

4 articles in different crafts, 4 members to participate. Table length 30"/75cm approx. and width 30"/75cm approx. Points will be given for Display. Total points out of 100. Only 2 members per Institute to set up. No Backboards permitted. Institute to supply own score card.

### **Pairs Competition**

2 members to compete. A member may compete with a different article in another 'Pair'. Institutes can have more than one entry. Institutes to supply own score card.

### **Individual Threesome**

To be displayed on a 12" cake board. Member to supply own score card.

## **Section A - Baking - Item 12 - Gluten Free Banana Bread (from *Good Food*)**

### ***Ingredients***

3 small ripe bananas (2 mashed) (1 sliced down middle to decorate top)

75g /3oz gluten free SR flour 25g/1oz ground almonds

50g/2oz gluten free porridge oats

25g/1oz chopped nuts (optional)

2.5ml sp/1/2 tsp gluten free baking powder

1 large egg

2.5ml sp/1/2 tsp cinnamon 50g/2oz butter (melted)

45g/ 13/4 oz dark brown sugar

45g/ 13/4 oz caster sugar 10g/ 1/2 tblsp icing sugar

### ***Method***

1. Heat oven to 180°C/160°C fan/ gas 4 and line 450g/1lb loaf tin with parchment paper.
2. Put all ingredients except sliced banana, 7.5g/ 1/2 tblsp caster sugar and icing sugar, into a bowl and stir until smooth.
3. Pour into the tin, then put the 2 banana halves cut side up on top of the batter, press down slightly. Sprinkle over the caster sugar.
4. Bake for 40-50 minutes until a skewer comes out clean. Cover towards end of cooking if loaf browns too much. Sprinkle with icing sugar.

## Section F – Knitting – Item 42

### Knitted Octopus

#### Materials

25g of 100% cotton DK yarn (eg King Cole Cottonsoft or similar)

-total weight for single and multiple colours.

3mm knitting needles

Contrast wool or embroidery thread for features

5g approx. polyester stuffing.

**Measurement** – Approx 17cm/6.5” long with arms stretched out.

#### Abbreviations

**k** : knit

**p** : purl

**ss** : stocking stitch

**inc** : increase 1 stitch by working into front then back of stitch

**k2tog** – k 2 stitches together to decrease 1 stitch

**sl1,k2tog,psso** – slip 1 stitch, knit 2 together then pass slip stitch over to decrease 2 stitches



#### Body - Start at base.

Cast on 5 sts

1<sup>st</sup> row p

2<sup>nd</sup> row k - inc in each stitch [10 sts]

3<sup>rd</sup> row p

4<sup>th</sup> row k - inc in each stitch [20 sts]

5<sup>th</sup> row p

6<sup>th</sup> row k - (inc in next st, k1) rep to end [30 sts]

7<sup>th</sup> row k

Beginning with a k row ss 16 rows

24<sup>th</sup> row (k1, k2tog) to end [20 sts]

25<sup>th</sup> row p

26<sup>th</sup> row (k2tog) to end [10 sts]

27<sup>th</sup> row p

28<sup>th</sup> row (k2tog) to end [5sts]

Cut yarn, thread through 5 remaining stitches. Use ladder stitch to join row ends together and leave a gap in the seam in the base. Stuff with polyester stuffing then close.

#### Arms – make 8

With 3mm needles cast on 24 sts

1<sup>st</sup> row (inc in next st) rep to end [48sts]

2<sup>nd</sup> row k

Cast off.

Sew arms to body base below the garter stitch row. Embroider features.

#### Hat – optional

With 3mm needles cast on 12 stitches in a contrasting colour

1<sup>st</sup> row, p

2<sup>nd</sup> row. (sl1,k2tog,psso) to end [4sts]

3<sup>rd</sup> row, p

4<sup>th</sup> row, k

Cut yarn, thread through remaining 4 stitches. Join seam.

Attach to octopus' body

## **Section F – Knitting – Item 45**

### **Sample Square in Synthetic Aran Yarn - 8” / 20cm square (pattern to include an Aran/cable pattern)**

#### **Materials**

- 25g approx. - Aran weight yarn (acrylic and/or nylon mix),
- pair of 4.5mm knitting needles
- cable needle

Cast on between 45 and 50 plus 2 stitches - depending on the repeat of the Aran/cable pattern you want to knit.

Knit the first and last stitch of every row.

Repeat the pattern until the work measures 8”/20cm when stretched to 8”/20cm width wise – approx. 48 rows (I needed more).

Cast off.

Darn in ends.

Do not press the square (synthetic yarns flatten when pressed).

Wet the knitted square then block (pin out) to 8”/20cm square and leave to dry.